

VICTORIA HURTADO, LCSW, PPSC

Los Angeles, CA | 323-687-5198 | vhurtado323@gmail.com | LCSW106005

Education

Doctor of Education Candidate

University of California, Los Angeles (UCLA)

Expected Graduation 2027

Master of Social Work

University of Southern California (USC)

May 2016

Bachelor of Arts, History and Chicano/a Studies

California State University, Northridge (CSUN)

June 2010

Relevant Skills and Experience

Practicum Instructor

August 2024-Present

Los Angeles Unified School District

- Oversight of clinical and administrative supervisory responsibilities for Master of Social Work interns
- Conduct individual supervision as needed to target clinician competency needs and to remove individual barriers to effective implementation of school social work practice
- Exposes interns to various levels of practice (individual, group, systemic), diverse populations, and multiple treatment modalities
- Manage case referrals and intern caseloads
- Evaluates student progress on pre-determined learning goals and provides constructive feedback

Psychiatric Social Worker

August 2022-Present

Los Angeles Unified School District

- Provides student and family counseling to help remove social-emotional barriers to learning, and to improve student's academic success and overall functioning; crisis intervention and recovery services as needed
- Educates staff to improve comprehension of environmental factors (cultural, societal, economic, familial, health, etc.) affecting a student's performance and behavior
- Initiates, facilitates and maintains collaboration with community agencies to provide school community with needed resources, including mental health services
- Develops and implements staff professional development trainings
- Works collaboratively with school staff to develop and implement multi-tiered intervention strategies for students and families
- Advisor for a student-led advocacy club that raises mental health awareness to reduce the stigma on campus through peer-led activities and education. Participates in district-wide symposiums

Coaching and Consultation

April 2021-August 2022

Well-being and Equity (WE) in the World

- Coached community coalitions in system design and cross-sector collaborative skills using a racial-equity lens
- Supported individuals with lived experience to have their voices and experiences fully welcomed and integrated in community organizing

School-Based Program Coordinator

August 2020-August 2021

The Help Group

- Triaged all school referrals and assessed to determine appropriateness for services. Provided referral recommendations when needed
- Coordinated prevention efforts with contracted LAUSD schools and agency staff to foster the integration of mental health services
- Provided technical support to schools on different evidenced-based practices, intervention, referrals, programming, and social-emotional concerns

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Bilingual Outpatient Therapist

March 2019-August 2021

The Help Group

- Provided mental health services (e.g. individual/family therapy, collateral, etc.) to caseload of child/adolescent/adult clients at home, school, clinic, and community settings, with crisis intervention services as needed
- Case consultations (individual and group supervision, colleagues, psychiatrist, school officials) to discuss client care strategies including treatment recommendations, client progress, and effective interventions
- Linked client and family to appropriate community resources throughout treatment and upon discharge
- Maintained client charts to meet all agency and Los Angeles County Department of Mental Health (LAC DMH) paperwork and Medi-Cal requirements
- Facilitated presentations to classrooms of students and teachers to raise awareness and educate regarding mental health

Measurement and Evaluation Specialist

May 2017-Feb 2019

Downtown Women's Center

- Oversaw all performance measurement to facilitate accurate and reliable information collection and reporting across programs; developed assessment tools and systems to support contract compliance
- Assessed areas of growth by identifying, planning and executing improvement projects across the agency to enhance program processes
- Developed, facilitated, and conducted trainings to teams to increase knowledge of trauma-informed care practices
- Engaged community residents to ensure programming was trauma-Informed and client-centered
- Through community-based participatory research efforts, participated in policy discussions about how to improve services for women experiencing homelessness and domestic violence
- Supported the planning, implementation and evaluation of a multi-agency collaborative to advance health equity for women

Crisis Counselor

Sept 2017-Sept 2018

Suicide Prevention Center, Didi Hirsch Mental Health Services

- Provided crisis intervention and brief suicide assessment to various callers and online chatters; assisted callers with accessing resources to mitigate mental health symptoms and other biopsychosocial issues

College Persistence Advisor Fellowship

July 2016-August 2016

Sponsors for Educational Opportunity (SEO), New York Office

- Utilizing motivational interviewing, helped foster the trajectory of college success for first-generation college students
- Created supplemental learning materials to assist with the transition to college and to help students succeed academically, socially and emotionally
- Designed evaluation tools to determine academic, personal and career needs, to devise targeted and relevant programming

Program & Development Intern

Sept 2015-May 2016

Taproot Foundation

- Composed grant proposals to support in securing funds from various foundations
- Managed a portfolio of pro bono capacity-building projects
- Determined gaps in the organization's program processes. Developed and implemented an outreach strategy to diversify the organization's volunteer pool
- Employed quantitative and qualitative evaluation methods to measure the impact and performance skills-based volunteerism and pro bono services have within the nonprofit community
- Counseled nonprofit organizations as they navigated Taproot's spectrum of services to ensure the right program met their capacity-building needs

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School Social Worker Intern

Sept 2014-May 2015

Saito High School Pico-Union Campus

- Conducted biopsychosocial assessments of at-risk youth and provided individual therapy by creating individualized mental health treatment plans utilizing various evidence-based practices
- Administered 10-week comprehensive group therapy curriculum about drug education meant to de-stigmatize substance use and encourage dialogue about safe practices
- Identified and linked students to needed community and government resources
- Procured in-kind donations through corporate sponsorships
- Engaged guest speakers to speak to students about sex education, teen dating, and healthy relationships, and substance use

Certifications

Pupil Personnel Services Credential, School Social Work & Child Welfare and Attendance, UCLA	Aug 2022
Cognitive Behavioral Therapy, Academy of Cognitive and Behavioral Therapies	Jan 2021
Managing and Adapting Practices (MAP), The Help Group	Jan 2020
Trauma-Focused Cognitive Behavioral Therapy, California Inst. for Behavioral Health Solutions	Jan 2020
Improvement Advisor Professional Development Prgm, Institute for Healthcare Improvement	Nov 2017

Trainings

Cognitive Behavioral Intervention for Trauma in Schools (CBITS), LAUSD	Nov 2022
Families OverComing Under Stress (FOCUS), LAUSD	Oct 2021
Structural Family Therapy, Minuchin Center for the Family	July 2019
Nonviolent Crisis Intervention, Crisis Prevention Institute	Apr 2018
Applied Suicide Intervention Skills Training (ASIST), Didi Hirsch Mental Health Services	Jan 2018

Professional Presentations and Reports

Hannes, J., Hatchet, L., Howard, P., Hurtado, V., and Welch, S. (2018) Addressing Racism: Lessons from 100 Million Healthier Lives. Presentation at the Communities Joined in Action National Conference. Atlanta, GA. February 14, 2008

Hurtado, V. (2017). *Focus Groups Report: Survivor Solutions to Program & Systems Change*. Report by the Domestic Violence & Homeless Services Coalition. <https://rb.gy/6ni6hv>

Hurtado, V., Espinoza, S., and Trejo, R. (2017). Incorporating Trauma-Informed Care as an Interdisciplinary Approach to Ending Homelessness for Women. Presentation at the annual statewide Integrated Care Conference, Los Angeles, CA. October 25, 2017

Volunteer Experience

Community Engagement Co-Lead

May 2017-May 2018

Trauma-Informed Taskforce of Greater Los Angeles, Los Angeles, CA

- Engaged the community to advocate for trauma-informed care and resilience building practices; Developed relationships and collaborated with community partners and organizations to assess and develop programming

CARES Advocate

February 2016

Public Counsel, Los Angeles, CA

- Advocated for and assisted clients who are recipients for public benefits at a Department of Public and Social Services (DPSS) office